

# External

## Medication

- Receiving medicine depends on pharmacy and USPS's ability to deliver
- Contact physician for refills
  - Inquire about multiple months' worth of supplies
- Minimize public transportation
  - Contact clinic prior to scheduling/attending doctor's appointment
- Call ahead for all services and prioritize over-the-phone or remote service

## Transportation

## Food

- Shelf stable foods in reasonable amounts to prepare for quarantine
- Congregate meal sites are set to close Tuesday, March 17.
- Meals on Wheels moving to shelf-stable meals with six-week supply
- Municipality functions such as water and sewer expected to be unaffected; therefore, hoarding of toilet paper and water is deemed unnecessary

## Cleanliness



Guidelines are critical for vulnerable adults and homebound (quarantined) residents